



L'ARCHE®
fredericton

WEEKLY NEWSLETTER

August 1st-5th

Tuesday-Kitchen



This week at Kitchen, we made many different types of sandwiches-egg salad, meatball subs, banh mis, veggie dip and clubhouse. They all tasted incredible. For dessert we enjoyed the blueberry crumble we had made a couple weeks ago.



Wednesday-Berry Picking

We made it out to Sunset Upick again this week for their very last picking day of the year. They had both blueberries and raspberries and we picked a quart of each. Afterwards we headed to Carleton Park to eat them for snack. Yum!



Thursday-L'Arche Logs



This Thursday we were able to start the final stage of creating the logs, covering them in saw dust and wood clippings! For our snack we walked over to our garden at the Charlotte Street Art Centre. Our herbs are doing well.

Friday-NBSMF Concert at the Cathedral

Our crew enjoyed the music of the Elm city Quartet, part of the 2022 New Brunswick Summer Music Festival on Friday. Afterwards, we headed over to Cathedral Hall for snack and to play some card games.



If you are interested in joining our Board, or learning more about our community and upcoming events and activities, please contact larchefredericton@gmail.com.